

# WHY CHOOSE US?



## WE ARE INDUSTRY LEADERS IN TRANSITIONAL EDUCATION

We are a team of professional educators, and advocates for disability justice who stand for the equal inclusion of intellectually and developmentally disabled people in community life.

With over a decade of experience, the ACAT program highlights our deep understanding of what makes for successful transition services through the delivery of innovative and 100% community based programming.

## WE DELIVER EMPOWERING HANDS ON PROGRAMMING

We empower and prepare participants for a life after the school system. It is our belief that the best transition services are not just a continuation of services but an *evolution* of services that meet the practical needs of emerging adults - out of the classroom, and in the real world.

## WE CONNECT PARTICIPANTS TO WHAT MATTERS MOST

We teach and encourage curiosity, communication, choice making, and authentic interactions with the world leading participants to identify and develop connections with their community and support systems. So they may discover and explore their interests, abilities, friendships, and achieve self determined personal and professional goals.



Scan to visit  
our website!

## CONTACT US

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www.alacostacenters-adultprograms.org



A participant prepares a fruit salad with his group during his weekly cooking class



## ADULT TRANSITION PROGRAM (ACAT)



**NOW  
ENROLLING**

Ed Roberts Campus 3075  
Adeline, Suite 165, Berkeley,  
CA 94703, (510) 527-2550





# ACAT PROGRAM IN ACTION

Empowering education for transition age youth

**100% COMMITTED TO  
100% COMMUNITY BASED  
PROGRAMMING**

## ABOUT ACAT

Ala Costa Adult Transition Program [ACAT] is a community-based adult transition program serving intellectually and developmentally disabled adults 18-22 in the Berkeley Unified School District. ACAT's empowering instruction occurs in community spaces, not on a school campus or in classrooms.

ACAT works with Berkeley Unified to ensure each participant experiences success within community integration in compliance with their IEP goals.

## AREAS OF FOCUS

- VOCATIONAL SKILLS
- INDEPENDENT LIVING
- TRAVEL TRAINING
- SELF DETERMINATION

## PROGRAM DETAILS

ACAT participants spend 100% of their day out in community spaces exploring their interests, taking public transit, volunteering at local non profits, cooking, and more!

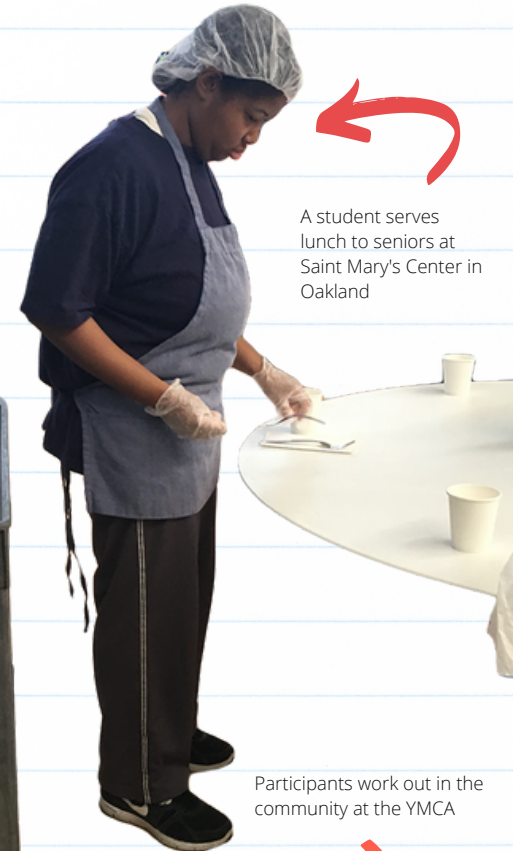
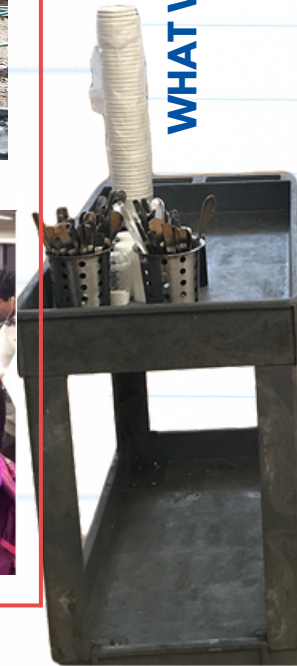
Hours: 8:30am -2:30pm  
Monday-Friday

To schedule a tour email [tanya@alacosta-acat.com](mailto:tanya@alacosta-acat.com)



Top: A participant volunteers at an urban farm.  
Bottom: A group rides the BART train

## WHAT WE DO



A student serves lunch to seniors at Saint Mary's Center in Oakland

Participants work out in the community at the YMCA



Students work together to make a salad for homeless community members for Food Not Bombs

