

## **TAILORED DAY SERVICE (TDS)**





Ed Roberts Campus 3075 Adeline, Suite 165, Berkeley, CA 94703

#### • • • • • •



#### **CONTACT US**

Program Director: Tanya Coffield
(510) 527-2550
tanya@alacosta-acat.com
www.alacostacentersadultprograms.org

# WANT TO ENROLL?

We now accepting referral's for our TDS program, to enroll please contact our offices for more information on enrollment criteria and to schedule a program observation.

Please note, our staff do not administer medication

Qualified participants must be 18+





#### WHAT IS TDS?

TDS offers a tailored solution for those seeking to achieve individualized goals with 1:1 support. At the heart of our philosophy is active participant involvement, translating choices into tangible goals. To embark on this journey, participants first engage in a self-discovery process, ensuring a high degree of participant choice.

### WHAT GOALS DOES TDS SUPPORT?

- INDEPENDENT LIVING SKILLS
- TRAVEL TRAINING
- POST-SECONDARY ED.
- SELF-DEVELOPMENT
- CAREER DEVELOPMENT





Top: A participant sorts fruit while volunteering at a food bank Bottom: A participant rides AC transit

#### **SERVICE HOURS**

Together participants, and TDS staff craft schedules within the designated TDS Service Hours (9:00 AM to 4:00 PM, Monday- Friday). TDS Schedules are flexible and cater to participant preferences and requirements.

To schedule a tour email tanya@alacosta-acat.com

# YOUR TDS PROGRAM JOURNEY

